



Personal, Social and Emotional Development Curriculum

Intent

Personal, social and emotional development (PSED) is crucial for children's overall growth and wellbeing and is fundamental to their cognitive development.

At St Joseph's Preschool we want children to feel safe and happy in an environment where everyone is known and valued and where differing needs are acknowledged, celebrated, accepted, and met.

We want children to:

- become independent with self-help skills and in choosing activities
- show respect for themselves and to others
- follow rules and boundaries
- interact with others and be able to resolve conflicts independently
- be able to accept praise for their achievements
- label and talk about their emotions
- recognise their achievements
- know their opinions are important and matter
- embrace and celebrate diversity
- be able to understand how we look after our bodies

Implementation

Personal, social and emotional development is underpinned by British Values which are embedded throughout our setting. Children's emotional wellbeing flourishes when they have positive relationships with adults and their peers.

PSED is developed throughout the academic year by:

- providing stay and play sessions and settling in procedures
- completing an All about Me form for every child
- on entry observations by their key person
- positive and high-quality interactions
- group activities
- embedding preschool's Golden Rules of behaviour
- snack and lunch times
- allocating every child a key person who they will meet before their start date. They will be given a preschool booklet with a picture of their new environment to enable them to familiarise themselves with the setting
- on entry children will spend time with their key person so that they have a clear understanding of the rules, boundaries, and structure of the preschool day.
- we will support and give additional transition time by using visuals, signs, and comforters to enable children to regulate their emotions.
- the environment is set up to promote independent choices, encouraging children to make their own decisions
- an established routine supporting children as they get to know their new environment and make new friends with both adults and their peers
- rules and boundaries are explained and are visually displayed using photos and labels for children to learn and understand that actions can have consequences.
- group time activities which incorporate activities that promote British values, behaviour expectations and understanding our emotions.

- engaging in activities that support learning how to keep our bodies healthy and how to implement this in our daily snacks, healthy lunch boxes and balanced meals
- planning visits for a variety of professionals such as dentists, to attend the setting and talk about oral health
- Interactive interest tables for children to use real life objects, look at books, interact with their peers and use real life resources in their role play activities

Impact:

At St Joseph's preschool each child is treated individually and our highly skilled practitioners recognise that it is necessary to adapt and use different strategies for our children to reach milestones in their development.

By the time children leave St Joseph's preschool we want them to:

- dress and undress
- manage their own personal hygiene
- show understanding of how we keep healthy through a range of activities
- focus their attention
- turn take and understand they need to wait for their turn
- express and understand emotions
- make relationships with their peers, negotiate and resolve conflicts
- express their own ideas to others
- show increasing confidence and have a developing level of independence

Key Vocabulary

Registration time, good morning, good afternoon, goodbye, Makaton Signs, Objects of reference, signs and symbols, Oral storytelling, Nursery rhymes, singing, golden rules, kind hands, kind words, feelings, sad, happy, friends, understanding, help please